SAN RAFAEL'S SAFETEAM



UNITED MARKETS CARES ABOUT OUR COMMUNITY

At United Markets, we believe in supporting the health and well-being of our community in every way we can. That's why we're spreading the word about the City of San Rafael's **SAFE** (Specialized Assistance For Everyone) Team, a vital program launched on March 29th, 2023, in partnership with Petaluma People Services Center.

The SAFE Team is here to provide compassionate, specialized assistance for those facing crises related to mental health, addiction, or homelessness. Staffed by an Emergency Medical Technician and a Crisis Intervention Specialist, the SAFE Team responds to calls involving people under the influence, in need of mental health treatment, or requiring shelter. They also provide help for minor medical complaints that don't require emergency room care.

The SAFE Team operates daily from 8:00 am to 8:00 pm, serving our community 365 days a year. If you or someone you know needs support, call 415-458-SAFE (7233). By connecting people with the right resources, the SAFE Team helps ease the burden on



police and fire departments, ensuring those in crisis receive timely and appropriate care.

United Markets is committed to a thriving, healthy community. By sharing this information, we hope to spread awareness of this valuable resource and remind everyone that help is available, right here in San Rafael.



KEEPIN' IT FRESH SELECTED SUST FOR YOU



LARGE HASS AVOCADOS

When only the best will do, these Hass avocados can't be beat! Enjoy their outstanding creamy flavor in salads, dips, or your favorite Mexican dishes.



CAULIFLOWER

A versatile cruciferous vegetable, whether roasted, mashed, or turned into cauliflower rice. Try cauliflower steaks for a savory and satisfying alternative for both vegetarians and meat lovers alike!



BELL PEPPERS

These red, yellow, and orange bell peppers are sweet, crunchy, and packed with vitamins A and C. Their vibrant colors brighten up any dish, from salads to stir-fries.



CHERUB® TOMATOES

Cherub tomatoes are sweet, juicy, and perfectly bite-sized — ideal for snacking or tossing into salads. Packed with nutrients, they bring a fresh burst of flavor to every dish. *10 oz Package*



ORGANIC BEETS

Earthy, sweet, and rich in nutrients, these organic beets are a wholesome choice for roasting, juicing, or enjoying in salads. **Bunch**



ORGANIC LETTUCE

Red, green, and romaine lettuce each bring a unique crunch and color to any salad bowl. They're crisp, refreshing, and perfect for healthy meals.



SAN RAFAEL 515 Third Street | (415) 454-8912 SAN ANSELMO 100 Redhill Avenue | (415) 456-1271 Store Hours: Everyday 7:00am-8:00pm Visit us at www.unitedmarkets.com

pound



UnitedToGo.com
Delivery or Pick-Up
Items and Prices in this ad are available from
Sunday, May 25th-Saturday, May 31st, 2025.
All prices subject to change up or down only when our costs change.
We reserve the right to correct printed errors.
No sales to dealers or institutions.



KEEPIN'IT FRESH CUST FOR

GRABBY GAKES

Crabby cakes are a classic appetizer at upscale restaurants, but they're also a fun and delicious treat to enjoy at home with the family. Pair with lemon wedges and tartar sauce — these classic cakes are truly restaurant worthy!





BEEF SKIRT STEAKS

USDA CHOICE – The next time a beef craving creeps up, try something new and exciting and grab the unsung skirt steak. Skirt steak can be simply seasoned or marinated for extra gusto! It's best cooked on high heat for a short time to deliver juicy slices of meat quickly to the dinner table.



GROUND BEEF

USDA CHOICE – Ground beef is one of those ingredients that you should always have on hand. From classics like burgers, tacos and meatloaf, United's meat department has the perfect ground beef for all the recipes that you'll find yourself making again and again.



BONELESS & SKINLESS CHICKEN BREAST

ROCKY – 100 % all natural. It's no secret that we love chicken. There's a reason boneless chicken breasts are a staple of any easy weeknight dinner arsenal: They're an extremely versatile, crowd-pleasing cut that everyone loves.

SAVE SALMON FILLETS

FARM RAISED - 100% natural. Loaded with omega-3s and free from any additives or antibiotics. Our sustainable salmon is wonderfully delicious and is perfect for grilling, baking, or poaching!



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ITALIAN-STYLE SAMPLER PLATTER

FRATELLI BERETTA — Savor the authentic taste of calabrese, the boldness of Italian dry salame, and the delicate essence of prosciutto. Perfect for entertaining guests or elevating your charcuterie board with this premium selection of Italian meats. Select from 6 or 12 oz packages. Beretta









TACCHINO OVEN ROASTED TURKEY

GREENRIDGE NATURALS – All-natural turkey crafted with authentic, artisanal ingredients. The delicious Italian flavor of this wholebreast turkey is slowly cooked ensuring a great natural flavor. Try it freshly sliced from the deli counter!



UNCURED BLACK FOREST HAM

GREENRIDGE NATURALS – All natural, this cut of ham is expertly seasoned with a blend of bay leaf, nutmeg and brown sugar, among other spices. It's slightly sweet and subtly smoked flavor is the perfect compliment to any sandwich or showstopping snack board.



to your favorite party platter. Potlucks, BBQ's, or snacking with the family, these yummy nuggets will have everyone smiling! Choose from Classic or Spicy varieties. **8oz Package**



HATCH CHILE CHEDDAR CHEESE

SIERRA NEVADA CHEESE CO – Get the party started by making a spicy, cheesy dip that packs a zesty punch! Made with rich cheddar and roasted Hatch chiles, just add your favorite seasonings, grab the chips, and dig in! 6oz Package



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KEEPIN' IT FRESHE

BAKING MIXES

FLOURCRAFT - Check out our new favorite local and gluten-free, healthy baking mixes! Choose from All-Purpose Baking Mix, Pancake & Waffle mix, or Crumble Mix. Make every meal special with

healthy habits that start at home.

\$1298 each

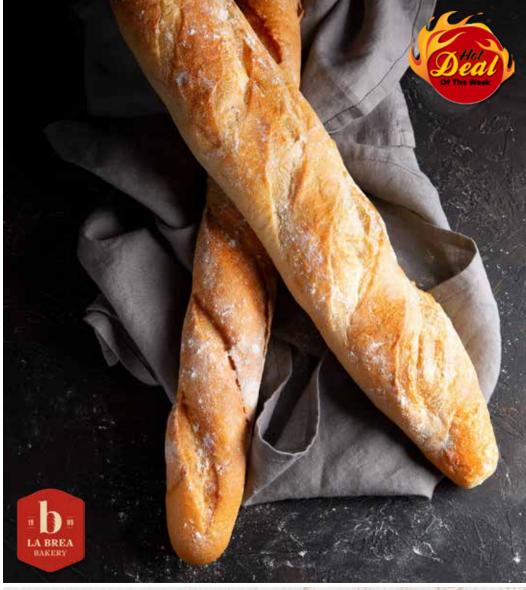












MINI FRUIT TARTS

UNITED'S OWN – Made fresh in our bakery with a buttery shortbread crust, luscious vanilla custard, and a vibrant mix of fresh fruits. It's a simple yet elegant treat for any occasion. 4 inch

\$648 each

BAGUETTES

LA BREA BAKERY – Choose from Artisan Sweet or Sour baguettes baked hourly in our ovens. Sure, a baguette is delicious on its own. But take your loaf to a whole new level with creative crave-worthy recipes for crostini, pizza, sandwiches and more, and don't forget the butter! 10.5 oz



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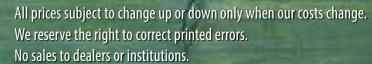


























JOHNNIE WALKER® Black Label **Squid Games** Edition 750 ML +CRV 98





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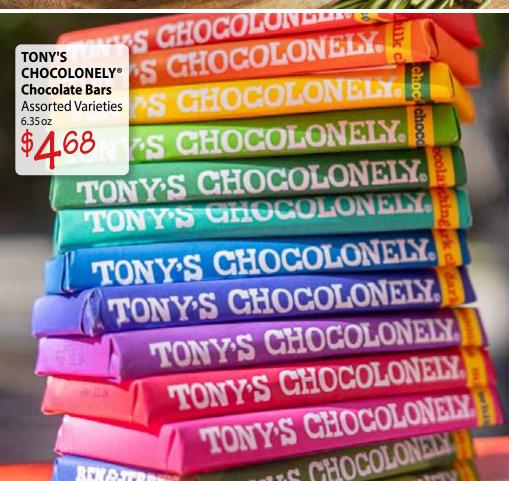


WISE BUYS SELECTION















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WISE BUYS SELECTION





HÄAGEN-DAZS® **Ice Cream Cones Assorted Varieties** 4 Count















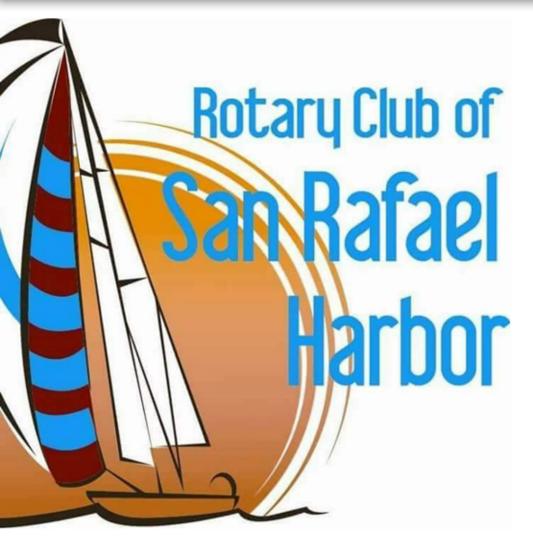




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SEE'S CANDY FUNDRAISER



The Rotary Club of San Rafael Harbor, based in Marin County, is a hub of community engagement and service. As part of the Rotary International network, this club embodies the motto "Service Above Self," prioritizing efforts that benefit both local and international communities.

The Rotary Club of San Rafael Harbor has been making a meaningful impact since its founding on April 26, 2002. Since 2010, their international service efforts have included building computer labs in Lebanese public high schools, providing microloans in Ecuador, and training Rotarians in Central America and Mexico to fit prosthetic hands.

Locally, their work focuses on the Canal District of San Rafael, a predominantly Hispanic community facing challenges in education, nutrition, and employment.

They actively support the Albert J. Boro Community Center at Pickleweed Park, as well as Bahia Vista and Laurel Dell Elementary Schools, Davidson Middle School, and San Rafael High School, where they sponsor a thriving Interact Club with 25+ members.

Leadership skills are integral to the club's activities, providing members opportunities to enhance their abilities while making a difference. The Rotary Club of San Rafael Harbor focuses on fostering skills among members, these its empowering them to take on significant roles within community service projects. This dedication to leadership development ensures that their initiatives are both impactful and sustainable. Their efforts are a testament to the power of collective action and community-driven solutions.

Join them for a Tuesday breakfast meeting and see how you, too, can make a difference!

FOR MORE VISIT HARBORROTARY.ORG



HELP US EARN MONEY FOR THE ROTARY CLUB OF SAN RAFAEL HARBOR & MAKE GIVING EVEN SWEETER!

