

WHERE DO YOUR NICKELS GO?

Vivalon

RIDES MEALS CLASSES CARE ADVICE

You can help older adults & people with disabilities thrive!



Vivalon is Marin County's central resource hub for providing rides, meals, classes, care and advice for older adults and people with disabilities.

However, it's the sheer power of human connection - the vital human touch and social support older adults need that helps people stay healthy, active and engaged.



Vivalon's Healthy Aging Center in San Rafael is a unique place where seniors can engage in healthy, physical, educational and fun activities to stay engaged, make friends, and remain vibrant and independent.

It starts with you! Donations from caring community members and dedicated volunteers provide the key to Vivalon's success. Join us in reducing hunger and loneliness and bringing more health and joy to our older neighbors!



THANK YOU FOR YOUR CONTINUED SUPPORT!

70 YEARS
Vivalon
RIDES MEALS CLASSES CARE ADVICE

FOR MORE VISIT [VIVALON.ORG](https://vivalon.org)

EACH TIME YOU USE YOUR REUSABLE SHOPPING BAGS, YOU GET A NICKEL TO DONATE!

United
Home Grown In Marin.