

UNITED MARKETS PENNY RALLY!



Bring your pennies to United Markets to support local families in need. Every cent counts and adds up to real impact!

We'll be donating to three incredible organizations: **Marin Foster Care**, **Make It Home**, and the **SF-Marín Food Bank**.

Donation tables are set up at both United Markets locations, and each non-profit will be paid the equivalent of pennies accumulated.

LET'S FILL THOSE JARS FOR THE WORTHY LOCAL GROUPS THAT TAKE CARE OF MARINI

Taking Care of Marin

SENIOR THURSDAY MARCH 5TH



United Markets celebrates our senior community (60+) with a

10% OFF

your total grocery bill, the **FIRST THURSDAY** of every month.

Must be 60 years or over. Cannot be combined with any other Scrip (school) discounts. Exclusions may apply.

MARCH NICKEL JAR DONATION BENEFITS:



Marin Community Clinics' mission is to promote health and wellness through excellent, compassionate care for all.

Since 1972, MCC has provided affordable, high-quality care to uninsured and low-income residents of Marin County. Today, they serve more

than 38,000 individuals each year across multiple clinic sites.

As the largest community health center in the county, MCC plays a vital role in Marin's health care network, serving patients with insurance as well as those who would otherwise lack access to care. MCC offers comprehensive services, including primary care, dental, behavioral health, obstetrics and gynecology, family planning, optometry, chiropractic, and specialty care.

TOUCHING LIVES THROUGH HEALTH
Improving the health of their patients and community.

LEARN MORE & DONATE AT MARINCLINIC.ORG

United
Home Grown In Marin.

SAN RAFAEL
515 Third Street | (415) 454-8912
SAN ANSELMO
100 Redhill Avenue | (415) 456-1271
Store Hours: Everyday 7:00am - 8:00pm
Visit us at www.unitedmarkets.com



UnitedToGo.com
Delivery or Pick-Up

Items and Prices in this ad are available from Sunday, March 1st - Saturday, March 7th, 2025.

All prices subject to change up or down only when our costs change. We reserve the right to correct printed errors. No sales to dealers or institutions.



SCAN HERE
TAKE THE DEALS WITH YOU WHILE YOU SHOP!



KEEPIN' IT FRESH



ENVY APPLES

Crisp, juicy, and naturally sweet, Envy apples are a bite above the rest, with a satisfying crunch in every slice. Perfect for snacking, baking, or pairing with your favorite cheeses.

\$1.88
pound

STRAWBERRIES

Sweet, juicy fruit packed with vitamin C and a bright, refreshing flavor. Sliced strawberries add a pop of color and sweetness to a spinach salad, especially when paired with goat cheese and a light vinaigrette. **15 oz Basket**

\$3.98
each



RED & GREEN GRAPES

Bursting with sweet, refreshing flavor, enjoy both the red and green varieties! Crisp, delicious, and one of the healthiest snacks you can savor.

\$2.68
pound



MUSHROOMS

These earthy white and brown mushrooms bring rich depth and savory flavor to your recipes. Try them in a simple sauté with butter, garlic, and herbs or in a creamy mushroom soup. Available whole or sliced. **8 oz**

\$2.48
each



RUSSET POTATOES

Hearty and starchy with fluffy interiors that bake, mash, and crisp to perfection. For a crowd-pleasing twist, try Hasselback potatoes, crispy on the edges and soft inside.

48¢
pound



ORGANIC LEAF LETTUCE

Red, green, and romaine lettuce each bring a unique crunch and color to any salad bowl. They're crisp, refreshing, and perfect for healthy meals. Grilled romaine is all the rage and adds a nice smoky flavor to spice up a classic Caesar salad.

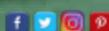
\$1.98
each



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COHO SALMON FILLETS

WILD-CAUGHT – Also known as silver salmon, this fish has a delicate flavor with semi-firm flesh that's perfect for making all kinds of tasty dishes from pan-seared favorites to enchiladas! It is nutrient-dense with high amounts of vitamins, minerals, and omega-3 fatty acids.

\$19.98
pound **SAVE \$2**



SAVE \$3



SAVE \$2

RIBEYE STEAK
USDA CHOICE – Our boneless rib steak is tender, juicy, and packed with rich flavor. This amazing cut of beef is definitely one of the most flavorful out there. Popular methods include pan-seared in a cast-iron skillet, basted with butter and herbs, or grilled with garlic-rosemary butter or steakhouse-style seasonings.

\$18.98
pound

BEEF CHUCK ROAST
USDA CHOICE – Beef chuck roast is the perfect Sunday supper dish. It's easy to prep, cooks all in one pot with carrots and potatoes, and braises low and slow in the oven until it's fall-apart tender. Set up this delicious Sunday roast in minutes at the start of the day, and enjoy a beautiful pot roast for dinner!

\$10.98
pound



SAVE \$1



SAVE \$2

WHOLE CHICKEN LEGS
ROCKY – Roasted in a hot oven, our chicken legs come out with irresistibly crispy skin and tender, juicy meat. This easy, hands-off recipe practically cooks itself, and the leftovers are just as delicious, especially enjoyed cold, picnic-style.

\$2.98
pound

BEEF STEW MEAT
USDA CHOICE – Perfect for cold weather! Try this tender beef simmered in beef broth with potatoes, onions, celery, peas, and carrots until it is melt-in-your-mouth tender. Comfort food heaven! Don't forget the bread or biscuits to soak up any gravy in the bottom of the bowl!

\$10.98
pound

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KEEPIN' IT FRESH



FIELD GREENS BERRY SALAD WITH MT TAM TRIPLE CRÈME

This salad is loaded with juicy berries paired with creamy slices of Mt. Tam atop a bed of fresh mixed greens.

INGREDIENTS

- 4-6 cups Mixed Greens
- 1 cup Raspberries
- ½ cup Blueberries
- ½ cup Blackberries
- 1 cup Strawberries, quartered
- ½ cup Pecans
- Balsamic Vinaigrette
- 1 wheel Cowgirl Creamery Mt Tam, cut into slices



SCAN FOR RECIPE



DIRECTIONS

Remove the wheel of Mt Tam from the refrigerator about one hour before serving • In a large bowl, add the mixed greens. Top with raspberries, blueberries, blackberries, strawberries and pecans. Drizzle salad evenly with Balsamic vinaigrette • Cut Mt Tam wheel into twelve small wedges and place onto the center of the salad and serve each serving with 1-2 wedges. *Recipe from Cowgirl Creamery*



SAVE \$3

MT TAM TRIPLE CRÈME CHEESE

COWGIRL CREAMERY – An organic best-selling cheese that has all the lusciousness you expect from a triple cream with a unique heart that upholds its texture. Named after the iconic landmark Mount Tamalpais that rises over the San Francisco Bay in Marin. Your eyes will pop open when you take your first bite.

\$18.98 pound



Boar's Head



DIESTEL TURKEY RANCH

OVENGOLD TURKEY BREAST

BOAR'S HEAD – All-natural, sliced Ovengold turkey is a versatile ingredient that can be used in a variety of recipes. It's a good source of protein and nutrients, and it can be enjoyed on its own or as part of a larger dish. Order it freshly sliced from the deli department.

\$13.98 pound

PASTRAMI-SEASONED TURKEY BREAST

DIESTEL – Turkey breast slowly smoked the old-fashioned way, seasoned with molasses, spices, and garlic. This seasoned turkey breast makes a great change of pace from regular turkey!

\$17.98 pound



Fratelli Beretta 1812

SAVE \$2

GOURMET DELI MEATS

FRATELLI BERETTA – Perfect for charcuterie boards or gourmet sandwiches, these organic deli meats are a flavorful nod to Italian tradition. Choose from Milano Salame, Prosciutto, or Soppressata varieties. **3 oz Package**

\$4.98 each



CABOT VERMONT

SERIOUSLY SHARP CHEDDAR

CABOT VERMONT – Cheddar is great but when it is seriously sharp Cheddar, OMG! Seriously Sharp cheddar cheese has a bold flavor with a creamy texture, that is perfect for grilled cheese sandwiches.

\$11.98 pound

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KEEPIN' IT FRESH



HOMEMADE COFFEE CAKE

UNITED'S OWN – Made fresh in our bakery, these coffee cakes are a United Markets customer favorite! Every home needs a reliable, go-to coffee cake for busy mornings and easy afternoon snacking, and United has you covered this week. Choose from assorted flavors. **10-inch Size/Serves 8-10**



\$13.98 each

SAVE \$2



SAVE \$2

PINEAPPLE UPSIDE-DOWN CAKE

Can you imagine a world without pineapple upside-down cake? Neither can we! Brown sugar and butter create a rich, caramel glaze that coats juicy pineapple rings, maraschino cherries and a golden-brown cake — what's not to love? Come get it today! **26 oz**

\$11.98 each



RUSTIC 8-GRAIN LOAF

LA BREA BAKERY – This whole wheat, multigrain bread is slightly sweetened with honey and malt. Baked with 10 grains and seeds, it's the perfect texture for fancy grilled cheese! Try with caramelized onions and melty brie. **16 oz**

\$5.98 each

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WINE & SPIRITS



TRECINI®
Chardonnay, Sauvignon
Blanc, Pinot Noir,
Prosecco, or Rosé
750 ML +CRV

SAVE
\$3-\$5

\$10.98 to
\$25.98



MACROSTIE®
Sonoma Coast
Pinot Noir
750 ML +CRV

\$37.98

SAVE
\$4



MACROSTIE®
Sonoma Coast
Chardonnay
750 ML +CRV

\$28.98

SAVE
\$4



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WINE & SPIRITS



CAZADORES
TEQUILA®
Blanco
750 ML +CRV

\$22.98

SAVE
\$5

CAZADORES
TEQUILA®
Reposado
750 ML +CRV

\$29.98

SAVE
\$5

CAZADORES
TEQUILA®
Anjeo
750 ML +CRV

\$33.98

SAVE
\$5



ANDERSON VALLEY BREWING®
Pilsner or Boont Amber Ale
6 Pack/12 oz Cans +CRV

\$9.98

SAVE
\$2

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WISE BUYS



**BOB'S RED MILL®
Rolled Oats**
Original or Extra Thick
32 oz

\$4.48 **SAVE \$1.50**



**BEAR NAKED®
Granola**
Assorted Varieties
12 oz
\$5.48



**STASH®
Tea**
Assorted Varieties
18 Count

\$3.48 **SAVE \$1.50**



**BONNE MAMAN®
Fruit Spread**
Assorted Varieties
13 oz

\$6.48

SAVE \$2



**MOTT'S®
Apple Juice**
64 oz +CRV

\$4.48

SAVE \$1.50



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WISE BUYS



**GOLDEN GRAIN®
Pasta**
Assorted Varieties
12-16 oz
\$1.78



**RAGU®
Kettle-Cooked
Pasta Sauces**
Assorted Varieties
24 oz
\$3.98



**BUMBLE BEE®
Tuna**
In Water or Oil
5 oz
\$2.58



**CENTO®
Canned
Tomatoes**
Crushed or
Petite Diced
15 oz
2/\$5



**RITZ®
Crackers**
Family Size
17.8 oz
\$5.98

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TATE'S Cookies
Assorted Varieties
6-7 oz

\$4.98

SAVE \$1.50



DOLE® Frozen Fruit
Peaches, Pineapple,
or Blueberries
12-16 oz

\$4.98



CLOVER® Kefir
Assorted Flavors
32 oz

\$4.38



DAISY® Sour Cream
Regular or Light
24 oz

\$4.28



DE LA CALLE!® Tepache Beverage
Assorted Flavors
12 oz +CRV

2/\$5

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JONNY POPS®
Organic Popcicles
Assorted Flavors
14.8 oz
\$5.98
SAVE \$3

WELLINGTON®
Crackers
Assorted Varieties
4.4 oz
\$3.48
SAVE \$1

ECOS®
Dishmate Dish Soap
Assorted Scents
25 oz
\$4.78

WELLINGTON®
Crackers
Garlic & Herb
10.6 oz
\$4.68
SAVE \$1

TIDE®
Laundry Pods
Ultra Oxide, Hygienic
Clean, or with Downy
25 Count
\$14.98
SAVE \$1

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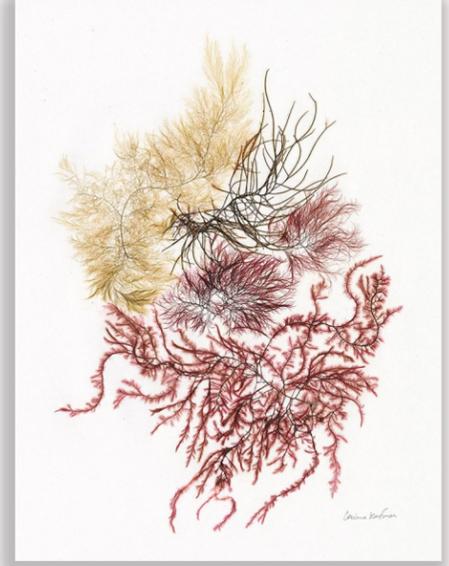


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LOCAL VENDOR SPOTLIGHT

CORINNA KAUFMAN FINE ART GREETING CARDS

Corinna Kaufman's art begins in the ocean. She personally gathers each piece of seaweed, selecting specimens for their color, shape, and natural character, then preserves them exactly as they are so nature's own palette can shine. The rich reds, soft greens, and deep browns in her work are entirely natural, revealing a quiet beauty often overlooked beneath the waves.



Over the years, Corinna has refined techniques to preserve organic materials while maintaining their original forms and colors. She incorporates seaweed, tiny mussels, and shimmering silica into compositions that highlight delicate details and invite close attention. Working from her home studio without glues or artificial finishes, she relies on methods shaped by patience and experience.

Through her work, Corinna captures the ocean's fleeting moments and gives them lasting form, allowing its quiet artistry to endure long after the tide has receded. Visit United Markets to see Corinna Kaufman's seaweed greeting cards up close and take home a piece of the ocean!

Her connection to the sea started in childhood on Martha's Vineyard, where she spearfished with her parents and developed a deep respect for marine life. At eleven, a simple seaweed bookmark sparked her imagination and set her on a lifelong path of experimentation and discovery.

